RULES OF THE

NOTTS & DERBY CYCLO-CROSS LEAGUE

COMMUNITY AMATEUR SPORTS CLUB

Confirmed by a vote of the General League Committee on 11th April 2018

Updated May 2024 and April 2026

This document constitutes the rules of the Notts & Derby Cyclo-Cross League

(referred to as NDCXL or The League).

The Rules of the NDCXL form a companion to The League Constitution.

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1. RULES OF EVENT COMPETITION

1.1. League events shall be open to any competitor who is eligible under BC rules.

1.2. All events shall be run under British Cycling (BC) General Technical Regulations and the supplementary Cyclo-Cross Regulations.

In addition, the following local regulations apply:

1.2.1. Bar ends will not be allowed in League races for categories Youth and older.

1.2.2. Any rider found discarding litter (such as gel wrappers or race numbers for example) will be removed from the result.

1.2.3. Any gridding procedure for the start of any of the races will be decided on by The League Committee and will be included in Appendix C.

1.2.4. To aid safety, a finish zone shall be created. On finishing the race no rider shall stop within the finish zone.

A Commissaire shall police the finish and has discretionary powers to penalise any rider who stops in the finish zone.

~~**1.2.5.** To aid safety, the start of the U9 and U12 races shall be gridded by league position.~~

~~A clearly marked start area should be sectioned off to prevent riders congregating in the general area until a predetermined time. The Start Official will call up the riders, and proceed to allow the riders to line up by **league position**. A small gap may be left between each category if deemed appropriate by the Start Official.~~

1.2.6. All people who attend NDCXL events must abide with the NDCXL's Code of Conduct (Appendix G).

2. EVENT SCHEDULING AND PROMOTION

2.1. The League competition shall consist of races for the following groups:

- Female
- Open
- Open Veteran
- Youth Female
- Youth Open
- Under 12
- Under 9

2.2. All ~~affiliated~~ clubs with 6 or more riders in Youth or above categories participating in The League, shall, when requested by The League Chair and ratified at the AGM/EGM, make at least one member available to help with League organisation. Event promotion does not satisfy this requirement. The League shall suspend the membership of any club that does not comply with such a request, if made.

2.3. Any club may promote an event. All events shall be approved as counting events for The League and dates fixed at the Annual General Meeting (AGM).

2.4. Following the AGM, any affiliated club that subsequently wishes to promote an additional or re-dated event must seek permission from the Volunteer Team for it to count in The League competition.

2.5. Events shall normally be held on Saturday, except any held over the Christmas holiday period, and excluding the Regional Championships (if it is included in The League competition).

2.6. In order to encourage League riders to progress to national level events whilst still supporting The League, no events shall be promoted on National or Regional Championship weekends.

Where possible, the calendar should be organised so that the events that are held on the same weekend as the remaining national level events (National Trophies or Inter-Area Championships) should not exceed the number of dropped rounds in the programme as defined in 4.8.1.

2.7. Prior to the start of each season a League Fixture List shall be published.

2.8. The timetable of races is detailed in Appendix C.

2.9. All Race Organisers will be expected to provide toilet and refreshment facilities for use on the race day.

2.10. First aid facilities will be provided by NDCXL unless specifically agreed between the Race Organiser and the Volunteer Team prior to the event.

2.11. The names of any volunteers eligible for average points as per 4.6 must be communicated by the Race Organiser to the team processing results & producing league tables in a single communication.

3. EVENT FINANCES

3.1. Entry fees for the forthcoming season's events will be fixed at the AGM and will be shown in Appendix C.

3.2. In addition to 3.1, **non-BC members in any category above Youth** must pay a surcharge in order to be insured to participate.

This surcharge is specified by BC. The cost of the surcharge is detailed in Appendix C and the amount to be retained by BC Appendix D.

3.3. Levies are payable by the Race Organiser to various bodies on a per rider basis to cover the cost of services provided.

The levies are as detailed on the current Event Levy Form (Appendix D).

The remainder of the entry fee shall be used by the Race Organiser for prizes and expenses.

3.4. It is mandatory to award prizes in the following categories:

Under 12: U9B, U9G, U12B, U12G

Youth: U14 Open, U14 Female, U16 Open, U16 Female

Women: Junior, Senior (incl. U23), V40, V50, V60, V70+

Men: Junior, Senior (incl. U23), V40, V50, V60, V70+

3.5. The same or equivalent non-monetary participation award should be awarded to ALL riders in the Under 12 categories.

3.6. Where prizes are to be monetary, The League expects that Organisers allocate prizes according to the proportions laid out in Appendix F.

3.7. Race Officials shall detail claims for expenses (Appendix E) and submit these to The League at the end of the season.

4. LEAGUE COMPETITION SCORING

4.1. Membership of The League shall be open to any individual who chooses to affiliate with the League and shall score points in the league competitions.

4.1.1. Conditions of membership are laid out in The League Constitution~~, including the affiliation deadline for receiving backdated points~~.

4.2. Riders must ride in their correct age category as specified in BC rules to accrue league points (see Appendix C). The only exception to Rule 4.2 is:

4.2.1 Riders that are classed as Veterans by virtue of their age can enter Senior category races on the understanding that:

4.2.1.1 League points cannot be transferred between age categories.

4.2.1.2 Average points will only be applied to a rider's primary category (as identified on their BC license) unless the rider has elected to race exclusively in an alternative category. When this occurs points will be awarded to the rider in the one category they have raced in.

4.3. League table standings shall be produced for each race with a **separate start**, namely the following categories:

- Female
- Open (Junior, Senior, V40, V50, V60)
- Children: U9, U12, U14 Female, U14 Open, U16 Female, U16 Open

4.3.1. Current standings shall be produced **after the first 2** counting events of the season, and published in advance of counting event number 3.

4.3.2. League tables shall be updated and published prior to each subsequent event until the end of the season.

4.4. A separate league competition shall exist for each category (Senior Open, Under 23 Open, Junior Open, Senior Female, Junior Female, Vet 40 Open, Vet 50 Open, Vet 60 Open, Vet Female 40 and Vet Female 50).

4.5. League points shall be awarded within each individual category race as specified in 4.3, as follows:

200 points to the winner,

199 to the second,

and so on,

down to 1 point for 200th place.

4.6. Riders who organise or officiate at an event (and do not also ride that race) shall score their average points, **providing rule 2.11 is complied with.**

4.6.1. Riders in categories Junior or above may be allocated average points (as per 4.6) for up to a maximum of: 3 events per season.

4.6.2. Any rider in the U9, U12 or Youth leagues will only be allocated average points (as per 4.6) once per season.

4.7. Riders competing in the East Midlands Regional Championships will be awarded average points unless the Championship is hosted by NDCXL, in which case normal points scoring will apply.

4.7.1. Riders from outside the East Midlands region may claim average points if they have ridden their respective Regional Championships

4.8. The final league positions in each competition shall be calculated as follows.

4.8.1. Calculation of average points

Where average points are awarded, the average will be calculated from all completed (points scoring) rounds i.e. before dropped scores are removed

Averages are not rounded up or down during calculation of final scores.

4.8.2. Dropped scores

To avoid penalising riders due to other unavoidable commitments, such as Saturday shift working or family events:

The lowest scores (including any zero points from any rounds not completed) are disregarded.

4.8.2.1. If there are **10 or more** League events in The League programme, the **3 lowest scores** will be disregarded.

4.8.2.2. If there are **7-9** League events in The League programme *(including the Regional Championships)*, the **2 lowest scores** will be disregarded**.**

4.8.2.3. If there are **4 or 5 or 6** League events in The League programme *(including the Regional Championships)*, the **single lowest score** will be disregarded.

4.8.2.4. *If there are **three or less** events in the League programme (including the Regional Championships), then no scores will be disregarded, i.e. all scores will be included.*

4.8.3. Final score

The final score is determined by adding together the remaining points scored either by riding events or by achieving average points.

4.8.3.1. If two (or more) competitors' final scores are equal to the first decimal place, a tie shall be declared.

5. LEAGUE COMPETITION PRIZES

5.1. To be eligible for a league prize a rider must have raced a minimum of 4 NDCXL hosted rounds.

5.2. Prizes in the league competitions shall be awarded in the following categories:

- Under 12: U9G, U9B, U12G, U12B
- Youth: U14F, U14O, U16F, U16O
- Female: Junior, U23, Senior, V40, V50, V60, V70+
- Open: Junior, U23, Senior, V40, V50, V60, V70+

5.3. Permanent trophies or medals will be awarded at the discretion of the NDCXL committee based on league finances. ~~A permanent trophy will be awarded to the first 3 places in each category specified in 5.2 unless there are fewer than 3 eligible riders in that category (as per 5.1), in which case there will only be trophies allocated to the number of riders in the category.~~

~~5.4. A medal will be awarded to 4th to 10th places in the U9G, U9B, U12G & U12B categories, unless there are fewer than 10 eligible riders in a category (as per 5.1), in which case there will only be medals allocated to the number of riders in the category.~~

5.5. A perpetual trophy, which the winner has the right to hold for one year, shall be awarded to the winners of each category specified in 5.2 (subject to eligibility under 5.1).

5.6. Team Competitions:

5.6.1. Team competitions will be held in the following categories, with teams having the composition stated below:

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Team	No. of Riders	Ages	Sex category
Female	2	Junior and/or above	Female
Junior	2	Junior	Open
Senior	3	U23 and/or Senior	Open
Veteran 40	3	V40	Open
Veteran 50	3	V50	Open
Youth	3	U14 and/or U16	Open and/or Female
Under 12	3	U12	Boys and/or Girls
Under 9	3	U9	Boys and/or Girls
Mixed	5	Junior and/or above	**At least** one open and one female

5.6.2. Riders will score team points according to their position in their respective leagues, with one point for first place, two points for second etc.

5.6.2.1. The winner is the team having the smallest score when finishing positions in respective leagues are summed.

5.6.2.2. If the result is a tie, then the next placed rider will be taken into consideration.

5.6.3. Team Prizes will be awarded at the discretion of the committee.

~~5.6.3.1. Prizes will only be awarded if there are two or more teams qualifying in the category.~~

~~5.6.3.2. An award will be given to each rider in the winning team in categories Junior and above, and to each rider in the first 3 teams in categories Youth and below (subject to 5.6.3.1).~~

~~5.6.3.3. A perpetual trophy, which the winning team has the right to hold for one year, shall be awarded to the winners of each category specified in 5.6.1 (subject to 5.6.3.1).~~

5.7. Ever Present Award:

An award will be presented to every rider that completes every round of The League. Riders awarded average points under 4.6 are considered to have completed said round for the purposes of determining eligibility for this award.

5.8. Harry Gould Participation Trophy:

A perpetual Club Participation Trophy to the club whose riders record the highest number of rides over the season.

5.9. Spirit Of The League Award:

Awarded by the Committee or the Volunteer Team as and when appropriate, to a person (or persons) who has made a significant contribution to, and enhanced the spirit of, The League.

6. LIST OF APPENDICES

Appendix C Race structure

Appendix D Event levies

Appendix E Expenses payable to Race Officials

Appendix F Calculation of prize monies

Appendix G NDCXL Code of Conduct

7. AMENDMENT HISTORY

Date	Meeting type	Description of amendment
2019-08-07	General	Reinstatement of rule relating to average points for riding Regional Championships. See Rule 4.7 and 4.7.1.
2019-09-16	General	V60 men given separate start and league table. See additions of 'V60 men' to rules 4.3 and 4.4.
2019-12-04	General	Adjustment to rules 3.4 and 5.2 to differentiate between and define the Under 12 and Youth categories. Addition of rule 3.5 to avoid ambiguity in relation to 'awards' presented to all U12 riders.
2021-03-26	Annual General	● Addition of Rule 1.2.6 – Code of Conduct (Appendix G) ● Reference to Appendix G within Rule 6: List of Appendices (page 8) ● Addition of Code of Conduct as Appendix G
2021-03-26	Annual General	● Amendment to Rule 3.6: addition of 'Minimum of …' so that there is room to increase percentage of youth prizes. ● Deletion of the reference to BC regulations as BC no longer mandates allocation of youth prizes.
2022-04-26	Annual General Meeting	Adjustment to Rule 5.1: Reduce the number of rounds to be raced in order to receive a prize from 5 to 4.
2022-04-26	Annual General Meeting	Adjustment to Rule2.1: Increase the number of minimum rounds per season from 5 to 6.
2022-04-26	Annual General Meeting	Adjustment second para of Rule 2.6 from: Where possible, the calendar should be organised so that there is no more than one occasion per season when an event occurs on the same weekend as the remaining national level events (National Trophies or Inter-Area Championships). TO Where possible, the calendar should be organised so that the events that are held on the same weekend as the remaining national level events (National Trophies or Inter-Area Championships) should not exceed the number of dropped rounds in the programme as defined in 4.8.1.
2022-04-26		Some formatting issues corrected.

2023-03-28	Annual General Meeting	Rule 3.6 deleted in line with proposal number two, agreed at the AGM: ~~3.6. Minimum of 75% of Youth entry fees, after payment of levies, must be used as prizes for the Youth riders only.~~
2023-03-28	Annual General Meeting	Rule numbers adjusted following the removal of 3.6: 3.7 amended to 3.6 3.8 amended to 3.7
2024-03-28	Annual General Meeting	Deleted 1.2.5 Amended Changed Women to Female and Men to Open 4.1 regarding club addresses 4.2 regarding move to Open category