

RULES OF THE  
NOTTS & DERBY CYCLO-CROSS LEAGUE  
COMMUNITY AMATEUR SPORTS CLUB

---

Confirmed by a vote of the General League Committee on 11<sup>th</sup> April 2018

This document constitutes the rules of the Notts & Derby Cyclo-Cross League  
(referred to as NDCXL or The League).

**The rules form a companion to The League Constitution.**

**LIST OF APPENDICES**

**Appendix C Race structure**

**Appendix D Event levies**

**Appendix E Expenses payable to Race Officials**

**Appendix F Calculation of prize monies**

## 1. Rules of Event Competition

- 1.1. League events shall be open to any competitor who is eligible under BC rules.
- 1.2. All events shall be run under British Cycling (BC) General Technical Regulations and the supplementary Cyclo-Cross Regulations.

In addition, the following local regulations apply:

- 1.2.1. Bar ends will not be allowed in League races for categories Youth and older.
- 1.2.2. Any rider found discarding litter (such as gel wrappers or race numbers for example) will be removed from the result.
- 1.2.3. Any gridding procedure for the start of any of the races will be decided on by The League Committee and will be included in Appendix C.
- 1.2.4. To aid safety, a finish zone shall be created. On finishing the race no rider shall stop within the finish zone.  
A Commissaire shall police the finish and has discretionary powers to penalize any rider who stops in the finish zone.
- 1.2.5. To aid safety, the start of the U9 and U12 races shall be gridded by league position.  
A clearly marked start area should be sectioned off to prevent riders congregating in the general area until a predetermined time. The Start Official will call up the riders, and proceed to allow the riders to line up by **league position**. A small gap may be left between each category if deemed appropriate by the Start Official.

## 2. Event Scheduling & Promotion

- 2.1. The League competition shall comprise a minimum of 5 rounds each season, consisting of races for the following groups:
  - Women;
  - Junior Men & Senior Men (including Under 23);
  - Veteran Men;
  - Youth;
  - Under 12;
  - Under 9.
- 2.2. All affiliated clubs with 6 or more riders in Youth or above categories participating in The League, shall, when requested by The League Chair and ratified at the AGM/EGM, make at least one member available to help

with League organisation. Event promotion does not satisfy this requirement. The League shall suspend the membership of any club that does not comply with such a request, if made.

- 2.3. Any affiliated club may promote an event. All events shall be approved as counting events for The League and dates fixed at the Annual General Meeting (AGM).
- 2.4. Following the AGM, any affiliated club that subsequently wishes to promote an additional or re-dated event must seek permission from the Volunteer Team for it to count in The League competition.
- 2.5. Events shall normally be held on Saturday, except any held over the Christmas holiday period, and excluding the Regional Championships (if it is included in The League competition).
- 2.6. In order to encourage League riders to progress to national level events whilst still supporting The League, no events shall be promoted on National or Regional Championship weekends.  
  
Where possible, the calendar should be organised so that there is no more than one occasion per season when an event occurs on the same weekend as the remaining national level events (National Trophies or Inter-Area Championships).
- 2.7. Prior to the start of each season a League Fixture List shall be published.
- 2.8. The timetable of races is detailed in Appendix C.
- 2.9. All Race Organisers will be expected to provide toilet and refreshment facilities for use on the race day.
- 2.10. First aid facilities will be provided by NDCXL unless specifically agreed between the Race Organiser and the Volunteer Team prior to the event.
- 2.11. The names of any volunteers eligible for average points as per 4.6 must be communicated by the Race Organiser to the team processing results & producing league tables in a single communication.

### 3. Event Finances

- 3.1. Entry fees for the forthcoming season's events will be fixed at the AGM and will be shown in Appendix C.
- 3.2. In addition to 3.1, **non-BC members in any category above Youth** must pay a surcharge in order to be insured to participate.  
  
This surcharge is specified by BC. The cost of the surcharge is detailed in Appendix C and the amount to be retained by BC Appendix D.

- 3.3. Levies are payable by the Race Organiser to various bodies on a per rider basis to cover the cost of services provided.
- The levies are as detailed on the current Event Levy Form (Appendix D).
- The remainder of the entry fee shall be used by the Race Organiser for prizes and expenses.
- 3.4. It is mandatory to award prizes in the following categories:
- Children: U9B, U9G, U12B, U12G, U14B, U14G, U16B, U16G
- Women: Junior, Senior (incl. U23), V40, V50, V60, V70+
- Men: Junior, Senior (incl. U23), V40, V50, V60, V70+
- 3.5. 75% of Youth entry fees, after payment of levies, **must** be used as prizes for the Youth riders only (as mandated by BC regulations).
- 3.6. Where prizes are to be monetary, The League expects that Organizers allocate prizes according to the proportions laid out in Appendix F.
- 3.7. Race Officials shall detail claims for expenses (Appendix E) and submit these to The League at the end of the season.

#### 4. League Competition Scoring

- 4.1. Only competitors privately affiliated to The League, or who are members of a League affiliated club, shall score points in the league competitions.
- 4.1.1. Conditions of membership are laid out in The League Constitution, including the affiliation deadline for receiving backdated points.
- 4.2. Riders must ride in their correct age category as specified in BC rules to get league points (see Appendix C).
- 4.3. League table standings shall be produced for each race with a **separate start**, namely the following categories:
- Women
  - Men (Junior, Senior, V40, V50, V60)
  - Children: U9, U12, U14G, U14B, U16G, U16B
- 4.3.1. Current standings shall be produced **after the first 2** counting events of the season, and published in advance of counting event number 3.
- 4.3.2. League tables shall be updated and published prior to each subsequent event until the end of the season.
- 4.4. A separate league competition shall exist for each category (Senior Men, Under 23 Men, Junior Men, Senior Women, Junior Women, Vet 40 Men, Vet 50 Men, Vet 60 Men, Vet Women 40 and Vet Women 50).

- 4.5. League points shall be awarded within each individual category race as specified in 4.3, as follows:
- 200 points to the winner,
  - 199 to the second,
  - and so on,
  - down to 1 point for 200th place.
- 4.6. Riders who organise or officiate at an event (and do not also ride that race) shall score their average points, **providing rule 2.11 is complied with.**
- 4.6.1.** Riders in categories Junior or above may be allocated average points (as per 4.6) for up to a maximum of 3 events per season.
  - 4.6.2.** Any rider in the U9, U12 or Youth leagues will only be allocated average points (as per 4.6) once per season.
- 4.7. Riders competing in the Regional Championships, regardless of whether the event is designated to be a round of the NDCXL, shall be awarded average league points upon completion of the race.
- 4.7.1.** Any member of a League-affiliated club who themselves happen to live outside the BC Midlands Championships area must complete their respective area championships (as per BC rules) to gain average League points.
- 4.8. The final league positions in each competition shall be calculated as follows.
- 4.8.1. Dropped scores**  
*To avoid penalising riders due to other unavoidable commitments, such as Saturday shift working or family events:*  
The lowest scores (including any zero points from any rounds not completed) are disregarded.
    - 4.8.1.1. If there are **10 or more** League events in The League programme, the 3 lowest scores will be disregarded.
    - 4.8.1.2. If there are **fewer than 10** League events in The League programme, the 2 lowest scores will be disregarded.
  - 4.8.2. Calculation of average points**  
Where average points are awarded, the average will be calculated from all completed (points scoring) rounds.  
Averages are not rounded up or down during calculation of final scores.

#### 4.8.3. **Final score**

The final score is determined by adding together the remaining points scored either by riding events or by achieving average points.

- 4.8.3.1. If two (or more) competitors' final scores are equal to the first decimal place, a tie shall be declared.

### 5. **League Competition Prizes**

- 5.1. To be eligible for a league prize, a rider must have raced a minimum of 5 point scoring rounds.
- 5.2. Prizes in the league competitions shall be awarded in the following categories:
- Children: U9G, U9B, U12G, U12B, U14G, U14B, U16G, U16B
  - Women: Junior, U23, Senior, V40, V50, V60, V70+
  - Men: Junior, U23, Senior, V40, V50, V60, V70+
- 5.3. A permanent trophy will be awarded to the first 3 places in each category specified in 5.2 unless there are fewer than 3 eligible riders in that category (as per 5.1), in which case there will only be trophies allocated to the number of riders in the category.
- 5.4. A medal will be awarded to 4<sup>th</sup> to 10<sup>th</sup> places in the U9G, U9B, U12G & U12B categories, unless there are fewer than 10 eligible riders in a category (as per 5.1), in which case there will only be medals allocated to the number of riders in the category.
- 5.5. A perpetual trophy, which the winner has the right to hold for one year, shall be awarded to the winners of each category specified in 5.2 (subject to eligibility under 5.1).
- 5.6. Team Competitions:
- 5.6.1. Team competitions will be held in the following categories, with teams having the composition stated below:

Team	No. of Riders	Ages	Sex
Women	2	Junior and/or above	Female
Junior Men	2	Junior	Male

Senior Men	3	U23 and/or Senior	Male
Veteran 40 Men	3	V40	Male
Veteran 50 Men	3	V50	Male
Youth	3	U14 and/or U16	Male and/or Female
Under 12	3	U12	Male and/or female
Under 9	3	U9	Male and/or female
Mixed	5	Junior and/or above	<b>At least</b> one male and one female

**5.6.2.** Riders will score team points according to their position in their respective leagues, with one point for first place, two points for second etc.

5.6.2.1. The winner is the team having the smallest score when finishing positions in respective leagues are summed.

5.6.2.2. If the result is a tie, then the next placed rider will be taken into consideration.

**5.6.3.** Team Prizes:

5.6.3.1. Prizes will only be awarded if there are two or more teams qualifying in the category.

5.6.3.2. An award will be given to each rider in the winning team in categories Junior and above, and to each rider in the first 3 teams in categories Youth and below (subject to 5.6.3.1).

5.6.3.3. A perpetual trophy, which the winning team has the right to hold for one year, shall be awarded to the winners of each category specified in 5.6.1 (subject to 5.6.3.1).

**5.7.** Ever Present Award:

An award will be presented to every rider that completes every round of The League. Riders awarded average points under 4.6 are considered to have completed said round for the purposes of determining eligibility for this award.

**5.8.** Harry Gould Participation Trophy:

A perpetual Club Participation Trophy to the club whose riders record the highest number of rides over the season.

5.9. Spirit Of The League Award:

Awarded by the Committee or the Volunteer Team as and when appropriate, to a person (or persons) who has made a significant contribution to, and enhanced the spirit of, The League.

**6. LIST OF APPENDICES**

**Appendix C Race structure**

**Appendix D Event levies**

**Appendix E Expenses payable to Race Officials**

**Appendix F Calculation of prize monies**



## Amendments

Date	Meeting type	Description of amendment
2019-08-07	General Meeting	Reinstatement of rule relating to average points for riding Regional Championships. See Rule 4.7 and 4.7.1.
2019-09-16	General Meeting	V60 men given separate start and league table. See additions of 'V60 men' to rules 4.3 and 4.4.